

# EVOLUTION BASEBALL

## 15U Travel Team Fall '23-Spring '24

### Fall Baseball Schedule

Tuesday September 5th, 2023

#### Fred Johns Park

4:30pm-Tuesdays-Reg Prac/Pitcher Daily's

4:30pm-Wednesdays-Athletics/Pitcher Daily's/Mound Work/Hit

4:30pm-Thursdays-Reg Prac/Pitchers Daily's/Strength Training

Saturdays-Games

Sundays-Games

**Thursday**, "In-Season" strength training program provided by Evolution Baseball Strength Coach and Tread Athletics Trainer-Graeme Lehman. We are thrilled to have Graeme Lehman leading our strength training programming and excited to bring that programming to our players. Players are encouraged to add another strength day to their schedule.

Our Location for the strength training component during Fall Ball will be the Leduc Rec Center and/or TTC4.

#### **Weekends**

September 9/10- InterSquad/ vs.TBD

September 16/17- @ Webber/ Bisons

\*September 20-24-BOW Qualifier and BLE Camp(@ Kamloops/5 Games)

September 30/1st- vs. Webber/ @ Bisons

\*October 5-9- \*Turkey Fall Classic and BLE Camp(@ Kamloops/5 Games)

October 14/15-Fall Series

\*Tournament weekend includes Pre-Tournament game and Camp with BLE Coaching Staff(Eric Owens-Hitting, Eric Reuben-Pitching, +...)

\*\*Invitational Event Las Vegas October 25-29 15U and 16U

## **Indoor Schedule**

**Saturday November 4th, 2023**

**Location: Turf Training 4**

**Baseball Development and Strength Training**

Mondays-

Tuesdays-Strength Training Day(on your own)

Wednesdays-Prac-4:00pm-6:00pm

Thursdays-Prac-4:00pm-6:00pm

Strength Training @ 6:00pm

Fridays-

Saturdays- Prac-10:00am

Sundays- Prac-11:00am

Strength Training @1:00pm

### **Weekends**

November 4/ 5

November 11/12

November 18/19

November 25/26

December 2/ 3

December 9/10

Last Day Indoor Schedule Wednesday December 13th, 2023

## **Spring Schedule**

**Saturday January 6th, 2024**

**Location: Turf Training 4**

**Baseball Development and Strength Training**

Mondays-

Tuesdays-Strength Training Day(on your own)

Wednesdays-Prac-4:00pm-6:00pm

Thursdays-Prac-4:00pm-6:00pm

Strength Training @ 6:00pm

Fridays-  
Saturdays- Prac-10:00am  
Sundays- Prac-11:00am  
Strength Training @1:00pm

Scheduling Note-Time change in February.  
Sundays-Prac 1:00pm-3:00pm  
Strength Training @ 3:00pm

### **Weekends**

January 6/7  
January 13/14  
January 20/21  
January 27/28  
February 3/ 4  
February 10/11  
February 15-18- Las Vegas Tourney(Invitational Event)  
February 24/25  
March 2/ 3  
March 9/10\*\*\*  
March 16/17\*\*\*  
March 23/24-Kamloops Weekend  
March 26-/31-Arizona Spring Classic  
April 4-7- Vancouver Island Classic  
April 14/15-Kelowna Series

\*\*\* We will have optional midweek workouts for supplemental training during the Try-Out and Evaluation period for summer clubs.

### **Spring Events + Games**

February(President's Day)-Las Vegas(development + tournament)  
Invitation Event  
Event Cost-\$850

End of March/first week of April-Arizona(development + tournament) in Partnership with Big League Experience(BLE)  
Evolution Travel Event  
Event Cost-\$850

Vancouver Island Spring Series  
Evolution Travel Event  
Event Cost-\$500  
Player provides flight

Kamloops Spring Series  
Evolution Travel Event  
Event Cost-\$500

Kelowna Spring Series  
Evolution Travel Event  
Event Cost-\$500

Last Day Spring Schedule - April 16th

## **Player Apparel Package** **Powered by Rawlings**

- 1 Rawlings performance fleece pull over
- 1 Rawlings color sync technical short
- 1 Rawlings crew neck short sleeve dry fit blue shirt
- 1 Rawlings crew neck short sleeve dry fit navy shirt
- 1 Rawlings Hurler lightweight hoodie
- 1 Rawlings colorsync long sleeve jacket
- 1 Rawlings colorsync short sleeve jacket
- 1 Richardson hat

-Optional 1 Rawlings Heart of the Hide custom glove (VIP EVO pricing \$350 plus gst savings of almost \$200)

## **Coaching Staff**

**Program Head Coach-**  
**Jordan Blundell, BA**  
**HC-Edmonton Prospects**

**Head Strength and Conditioning Coach-**  
**Graeme Lehman, M.Sc. CSCS, Tread Athletics**

**Pitching Director-**  
**Nick Salahub, BA**  
**HC-VIU Baseball**

**Pitching Consultant-**  
**Eric Reuben, National Pitching Association,**  
**Atlanta Braves**

**Hitting/Infield Instructor-  
Web/IT/Digital Media-  
Brad Molcak  
Colorado Rockies Draft Pick '93**

**Pitching Instructor-  
Mason French  
PC-BG 15U**

**Hitting/Outfield Instructor-  
Nelson Cabel  
HC-BG 18U**

**Hitting/Infield Instructor-  
Liam Rihela  
WCBL All Star '19**

**Hitting/Outfield Instructor-  
Brandon Hunter  
CCBC Champion 2005, 2006  
WCBL Champion 2007, 2008**

**Catching Instructor-  
Kolby Kingshott  
BG 18U**

**Cost- \$4500 + GST**